



Year 10 Curriculum Map  
**Subject: PSHE (Drop down days)**

| <b>Day 1</b><br><b>Topic: Drug awareness</b><br><i>(Health and well-being)</i>                                                                                                                                                                                                                                                                                                                                                    | <b>Day 2</b><br><b>Topic: Employability and CV writing</b><br><i>(Living in the wider world)</i>                                                                                                                                                                                                                                                                                                                                  | <b>Day 3</b><br><b>Topic: RSE</b><br><i>(Relationships)</i>                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <p><b>Overall focus for the day:</b><br/>To consider the impact substance abuse has on a person, including binge drinking.</p> <p><b>To include;</b></p> <ul style="list-style-type: none"><li>○ Risks of binge drinking</li><li>○ Substance abuse</li><li>○ Impacts of substance abuse</li><li>○ How to move forward – help and support</li></ul>                                                                                | <p><b>Overall focus for the day:</b><br/>To consider how they can become more employable and to think about what is required of them when they leave the academy. They will also create a CV which will be used next year for college applications.</p> <p><b>To include;</b></p> <ul style="list-style-type: none"><li>○ Interview skills</li><li>○ Outside providers talking about employability</li><li>○ CV writing</li></ul> | <p><b>Overall focus for the day:</b><br/>To understand the diversity of relationship education and how to manage things when they break down.</p> <p><b>To include;</b></p> <ul style="list-style-type: none"><li>○ Same sex education – LGBT+</li><li>○ Gender and Trans identity – LGBT+</li><li>○ Health Vs unhealthy relationships</li><li>○ Managing relationship breakups</li><li>○ Revenge porn – managing material online</li></ul>                                 |
| <p><b>Intent behind the day:</b><br/>This day builds on units from both year 7 and year 9. They have previously looked at the effects of cigarettes and alcohol and they are now looking at the impacts of binge drinking as some of our pupils, in this year group, start to attend parties and need to know the risks associated with binge drinking. It is also important that we tell pupils how they can access support.</p> | <p><b>Intent behind the day:</b><br/>This day is designed to help the pupils understand what employability means and how it impacts them. For many of our pupils they will never have experienced anything like an interview, therefore this day is designed to help them overcome the fear which is associated with this. The day is also designed at helping them understand what is required in a CV.</p>                      | <p><b>Intent behind the day:</b><br/>This day builds on the unit pupils studied in year 9 when they looked at safe sex, good sexual health, FGM and LGBT+. LGBT+ will be explored in more depth and how this makes a person's identity. As part of this unit we are looking at the impacts of a breakup as some pupils in our academy become quite reliant on the relationships they form and when these break down, it can be very challenging for some of our pupils.</p> |



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